

Review of the week

Monday 30th January - Friday 7th February

History honours for GCC



History projects from Conor Mohally Rang Grainne, 2nd year and Rang Treasa History class, TY entered the 'Discover Cork; Schools Heritage Project Competition. This was GCC's first time entering the competition.

The Discover Cork: Schools' Heritage Project is aimed at both primary and post primary level. Project books may be submitted on any aspect of Cork's rich

past. The theme for this year's project is "The Value of the Past". A total of 29 schools entered the competition.

The students worked really hard on this, from the initial presentation in the classroom from Cllr. McCarthy in October to final project work. Glanmire library, Glanmire Area news and other media will showcase the students' work. GCC have 2 award recipients:

Conor Mohally: 1st prize Junior Cycle History Award.

-George Cussen: 2nd prize: Leaving Certificate Award.

Students/parents/teacher/ school management are invited to the awards ceremony in the Lifetime lab Museum to receive their award from the Lord Mayor on Saturday 25th March at 3.45pm.

Boys U14 Football



Boys u14 football played their first games for GCC against Midleton CBS on Tuesday. 31 players represented the school for the first time in a GCC football jersey. Each student got at least 40 minutes of playing time with 2 games being played over the course of the day. Well done to all players who represented their school so well.

First year Camogie



**THE
CAMOGIE
ASSOCIATION**
An Cumann Camógaíochta

Hard luck to our first year camogie team who played against a strong Mitchelstown side in the Cork Colleges B competition on Thursday 2nd Feb. The girls worked hard throughout & finished the match well. Next game is away v's Lismore in March. All first year camogie players are welcome to join the group. Please let Ms H Herlihy, Ms S Kearney or Ms K Murphy know if you are interested.

First Year well-being mornings continue.....



The first years enjoyed their well-being mornings again this week, they began with a brisk walk noticing the beautiful buds on the trees and daffodils about to open as we walked to Saint Joseph's church. A time of prayer, quietness and reflection for the students followed by a healthy snack in the Parish Centre. A visit to the library where the students explored books, comics, newspaper's and learnt about the APP 'BorrowBox' where students can read ebooks and listen to audiobooks all free of charge.

Lunchtime Club for 1st years

The lunchtime club takes place on Wednesday and Thursday during lunchtime for all 1st year students. It is run by Ms. McInerney and the Meitheal team from TY. It has a selection of activities such as chess, lego draughts and loads more. It is a great opportunity to socialise and make new friends. Ms. McInerney and the TY students are so friendly and welcoming. The lunchtime club is a great way to spend lunchtime

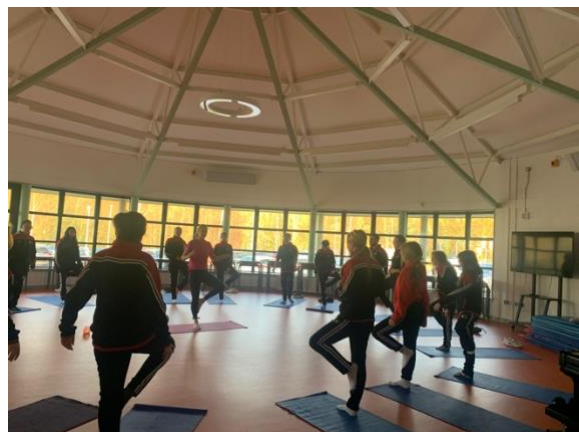
- Piece written by Anna Lee 1st year (Rang Cathal)



Yoga Sessions

The Yoga sessions in GCC ran for 6 weeks, 1 day a week. It ran during first class on a different day of the week every week so that students were not missing the same classes all the time. It was organised by Ms. McInerney and the instructors name was Orla. She started with some stretches and then showed us some yoga positions and we finished with meditation. Each class lasted for 40 minutes.

-piece written by Emmy McCarthy Vaughan 1st year (Rang Cathal)



South Munster Schools Cross Country - 8th Feb 23 - Tramore Valley Park



On Thursday the 9th of February, 9 GCC students travelled to Tramore Valley Park to run in the South Munster Schools Cross Country Championships. The weather was on our side. Lovely and sunny, not a puff of wind.

Marlene Higgins and Clodagh Wilkins ran in the Minor Girls race and got the day off to a good start. Our Minor Boys team followed that, with Vilson Sefolli, Robbie Long, Ryan Kelly, Caelan McCarthy and Peter Murphy all making up the team. The boys did very well. Luke Merrigan and Cian Ryan ran in the Junior Boys category, a 3K loop. Luke was the

standout performance of the day finishing in 1st place, automatically qualifying him for the Munsters. Cian had a very solid run too in a tough field against some very strong



runners. Owen Williams ran in the Intermediate Boys race, a 4K loop, and we are still awaiting final confirmation of his qualification for Munsters. Fingers crossed for Owen. To end the day, Sam Curtis ran the 5K Senior Boys race and finished 13th, which automatically qualified him for the Munsters.

All round, a great day out. Both Luke and Sam will represent GCC in the Munster Schools Cross Country on the 24th of February, in Waterford. We await Owens official result, and look forward to seeing how the boys go on the day. Well done to all involved.



