

Review of the Week
Monday 20th February - Saturday 25th February



Track Thursday

What a lovely way to start the day, walk around the track with Alma, every Thursday morning at 8.30. Thanks to GCC health team for organizing this initiative.



Second Year Hurling Match Vs Mon A.G Friday 24th



Last Friday the 24th of February the second year hurlers headed to the Mon to play a straight knockout match. After a fast start from the Mon, the GCC boys replied immediately to the 1-1 scored by the home team. With goals coming from Cormac Fennessy and Cathal Galvin, GCC settled in well. The defenders held their ground against a strong Mon full forward line. Points from Adam Dunlea, Eoin Considine and Ryan Dineen gave GCC a cushion going into half time.

It was a tough start into the second half with another early goal for the Mon, but John Mulcahy at centre back drove the team on. A great save from Cormac Mc Carthy led to a third goal from Cathal Galvin. All subs made an impact, with a great point from Alex Morley. A late goal from Ryan Dineen saw GCC over the line with a comfortable win and a final score of 6:14 to 4:10.

LCPE trip to the National Indoor Arena



5th and 6th LCPE students visited the National Indoor Arena campus in Dublin on Thursday last. Students were treated as if they were Olympic athletes on a testing day. They were taken through a range of physical tests, and at the end of the tour, received an individualised report detailing their test scores and other information which will be of huge help to them as they complete their LCPE projects.

They had the opportunity to experience the world-class facilities on campus, training in the IRFU gym and the Gymnastics Ireland National Training Centre and even got a glimpse of some of Irelands best athletes, who were training on the day.



Discover Cork: School's Heritage Project Competition Winners!

Congratulations to Conor Mohally Rang Grainne, 2nd Year who won first prize in the Junior cycle Cork Heritage Project and to George Cussen Rang Treasa, Transition year who received 2nd prize in the Leaving cert. History category. All students from Rang Treasa who participated in this project received certificates of participation.

The Discover Cork: Schools' Heritage Project is aimed at both primary and post primary level. Project books may be submitted on any aspect of Cork's rich past. The theme for this year's project was "The Value of the Past". A total of 29 schools entered the competition. Students worked very hard on their projects



from the initial presentation in the classroom from Cllr McCarthy in October to final project work.

Conor's project title was: "The Value of the past: My Grandad the Horologist, Tim Mohally." His Grandad, Tim Mohally, is a Horologist/Watchmaker. He is 80 years of age and just retired. He wanted to do a project on his career and his part of Irish Culture that is dying out quickly.

Photo shows Conor Mohally with Deputising Cork Lord Mayor Cllr. Damien Boylan

and Conor's Grandad Tim Mohally whom Conor based his project on.



George Cussen 2nd place senior cycle

Picture shows George Cussen with Deputising Cork Lord Mayor Cllr. Damien Boylan

This year in TY, Ms Reeves introduced us to the Cork Heritage Project 22/23. As part of the year, Rang Treasa took part in the competition with encouragement from Ms Reeves. In October, founder of the project, Councillor, Kieran McCarthy, visited Rang Treasa and explained the overall aims of the project. After the visit, and with some help from my teacher, I decided to complete my project on The Washington Street Courthouse. I have an interest in architecture and for

that reason, as part of my project, I drew the courthouse in detail. I was delighted with the results and very happy to come in 2nd place. I would like to thank Kieran McCarthy and Ms Reeves for the help and encouragement. I also learned a lot about Cork's heritage, particularly, the courthouse. -Article by George Cussen

Munster Schools Cross Country

On Friday 24th March, 3 students competed in the Munster Schools Cross Country Championships in Carriganore, Co. Waterford. It was a cold day, but crisp and bright with dry ground and perfect conditions underfoot.

Luke Merrigan got the racing underway in the Junior Boys category. The course was testing with some very steep climbs and sharp bends. He had some tough competition on the day, coming in at 8th overall which will qualify him for the All Irelands in 2 weeks. Well done Luke.

Owen Williams ran the 5KM Intermediate Boys race. He finished in a very impressive 18th place out of almost 90 runners. The exciting thing about Owen is that he is only new to the sport and has a very bright future ahead of him.

Sam Curtis lined up for and ran in the last race of the day, a grueling 6KM of hills and bends. He put down a fantastic performance, also finishing 18th out of 92 athletes. Many of the competitors in Sam's race have ran internationally in the past so he should be extremely proud of himself. Well done to all involved, and we wish Luke the best of luck with preparations for the All Irelands.



Luke Merrigan



Sam Curtis



Owen Williams

