



Activities of the week

Monday 9th - Friday 13th October

Date	Activity	Teachers Involved
Monday 9 th	<p>October Assessments begin for all year groups</p> <p>Rang Deirdre Well-being morning</p> <p>Meitheal Training of first year Mentors</p> <p>Mindful Monday. Mindfulness for Senior Students</p>	<p>Marie McInerney, Evelyn Gilbert</p> <p>Marie McInerney</p> <p>Marie McInerney</p>
Tuesday 10 th	<p>Cork Mental Health Seminar all TY and LCA 1 students (9:15-1:50)</p>	<p>John O Leary, Anna Moroney, Deirdre Moran, Ruth Crean, Carys Johnson, Clare Rockall, Barry Shortall</p>

	<p>Rang Oisin Wellbeing morning</p> <p>MTU information session for LC students in Multipurpose room 14:30-15:50</p> <p>Lunchtime club</p>	<p>Marie McInerney Deborah Coughlan</p> <p>John O Leary, Anna Moroney</p> <p>Cathal Duggan</p>
Wednesday 11th	<p>Art Club</p> <p>Wellbeing Wednesday (Music in B Block 11:35)</p> <p>Senior Munster Hurling V's Kinsale Community College @ 12:30 in Glanmire</p> <p>TY Auditions in Demo Room (all day)</p>	<p>Sinead Kiely</p> <p>Marie McInerney and Wellbeing team</p> <p>Cormac Dooley, Barry Shortall</p> <p>Nicola Swanton</p>
Thursday 12th	<p>GCC Open Night 6:30-9:00pm (School finishes @12:30)</p> <p>Senior Golf Ireland Competition in Mallow (Michael Hurley 5th year Rang Nuala competing)</p> <p>Track Thursday</p> <p>Lunchtime Club</p>	<p>All Staff</p> <p>Sean O Shea</p> <p>Health Team and Alma</p> <p>Sarah Kelly</p>
Friday 13th	<p>Yoga Multipurpose room for Nominated students</p> <p>Feel Good Friday music in C Block</p> <p>U14 Hurling V's Hamilton High School in Glanmire (details TBC)</p> <p>U16 & U19 Basketball in GCC V's Coláiste an Phiarsaigh (10:00-12:00)</p>	<p>Marie McInerney</p> <p>Cathal Duggan</p> <p>Niamh Dwyer</p>

	TY and first year paired reading initiative continues.	Reading initiative team
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