

## Beach Clean Thursday 28<sup>th</sup> September 2023



In an extraordinary display of environmental stewardship and community spirit, students from our Green schools committee rolled up their sleeves and removed over 260Kg of litter from Red Barn beach in Youghal, Co. Cork on Thursday 28<sup>th</sup> September 2023.

The Big Beach Clean, which we took part in, is an annual call to action as part of the international Coastal Cleanup, operated internationally by Ocean

Conservancy, to remove litter from around the coast after



the end of the bathing season.

Almost 8000 volunteers from around the country removed a staggering 46 tonnes of litter from Irish beaches. That is equivalent to 12 hippos!

This initiative is also an opportunity for volunteers to get involved in worldwide citizen science project, which entails recording the amount and types of litter found on Irish beaches on a Marine Litter Data Card.

Gathering this information will create awareness of marine litter and can inform further policies and campaigns.

Well done to all involved. Thank you to Mr. O Sullivan and Ms Emerson for organising the event.

## 1<sup>st</sup> year Camogie team get off to a flying start



Our 1st year Camogie team attended the Cork Colleges Camogie blitz in Mallow on Wednesday. With great numbers, GCC entered two teams. All the girls played 3 games each, being successful in 3 out of 6. This was a great start to the school camogie season, and we cannot wait to improve with the experience of the blitz behind us. Well done girls.

## Rang Cian Visit Cork Secrets



On Tuesday 26<sup>th</sup> September Rang Cian visited West Cork Secrets. This was the first trip out for this class and was an excellent team bonding experience. The students got to participate in orienteering, go karting and obstacle courses. The students had a great day out and loved every minute of it. They were a credit to the school.



### Ms. O Sullivan's history class



This week, Miss L O' Sullivan's 1st Year Rang Donncha History class produced amazing mini museums for their Museum of Me projects. Each student made a shoebox museum of their life so far. They applied their knowledge of historians, and the importance of artefacts in their work, to produce fantastically curated projects.

We had everything from WW2 shells to baby booties to Barbie's to Primary school "tricky word" cards. Well done to Rang Donncha and their families who helped them put their museums together.



### High achieving Art student in GCC



Abimbola Fashade 2nd Yr Art participated in the national exhibition of 'This is Art' at RHA in Dublin Thursday 5<sup>th</sup> October.

She was interviewed on RTE about her beautiful painting.

Congratulations and continued success to Abimbola!!

### **Cork Mental Health Seminar (TY and LCA 1)**



To celebrate World Mental Health Day on October 10th Cork Mental Health Foundation holds two seminars annually that promote positive mental health. Speakers, such as Darragh Fleming author of the blog 'Thoughts too Big', informed our TY and LCA 1 group of students about their experience of mental health. Each speaker outlined what we all can do to improve our mental health and wellbeing.

### **MTU 6<sup>th</sup> Years and LCA 2 Careers Talk**



Our 6<sup>th</sup> and LCA 2 year group recently had a visit from Caroline from MTU. This was a very informative and interesting talk about all of the undergraduate courses available to students. This information talk allows students to be informed about their choices and aids their career decisions.

## Oireachtas Essay writing competition



Write an **ESSAY** and tell us why  
**PARLIAMENTARY  
POLITICS MATTERS  
FOR PEACE**

Principal Sponsor  
**eason**

Associate Sponsor  
**CJ Fallon**

**FOLENS**

Competition Open To Senior Cycle & AS Level/A Level Students.  
For more information and to register, see [www.oireachtasessay.ie](http://www.oireachtasessay.ie)

Closing date for registrations: 10 November 2023 Closing date for submitting essays: 24 November 2023

The Oireachtas Essay Competition aims to get young people thinking and talking about the democratic process. As this year is the 25<sup>th</sup> Anniversary of the Good Friday Agreement, we are asking students to reflect on peace-building and peace-keeping and to consider the contribution of parliamentary politics and politicians to these.

The Essay Title is '**Parliamentary Politics Matters for Peace**' for those writing in English (nó '**An Pharlaimint agus an tSíocháin**' dóibh siúd atá ag scríobh i nGaeilge).

This year, we have an increased prize fund of €6,000.

The competition is open to 5<sup>th</sup> and 6<sup>th</sup> years and all information is available on: - [www.oireachtasessay.ie](http://www.oireachtasessay.ie) / [www.aisteanoireachtais.ie](http://www.aisteanoireachtais.ie) - students must register by **10 November 2023**. When students register, they will be emailed a code number with which they can upload their completed essays by **24 November 2023**.