# JUNIOR ACHIEVEMENT READY FOR SUCCESS WORKSHOP with DELOITTE 5TH YEAR BUSINESS STUDENTS



Ten volunteers from Deloitte revisited our 5th year Business Students this week following up on our recent visit to their offices. The workshop covered all aspects of Human Resource Management giving the students real life examples of topics we cover in class. The students worked with the mentors gaining an appreciation for developing a Personal Brand,

understanding the importance of one's online presence, ways in which to organise one's workload and the benefits of time management.

The programme will continue with a Masterclass in March and a further workshop on CVs, Interviews and Personal Statements in April.



### <u>Ski trip 2024</u>



On Sunday the 28th of January, forty Transition year students and five teachers, Mr Rees, Mr Crowley, Ms Fitzgerald, Ms Johnson and Mr Woods met at Cork Airport and embarked on what turned out to be a trip of a lifetime. It was an early start but excitement levels were high as for the majority of the

students, the skiing experience was a first time adventure. We touched down in Verona airport at around ten past twelve, collected our luggage and set off on our Bus transfer to the ski destination of Pinzolo-Italy. Our bus transfer to Pinzolo took in glorious views of Lake Garda and snow capped views of the Dolomites where we would ski for the next six days. Each morning breakfast was served at 8.45am to fuel our bodies for a day that consisted of snow plowing, falling, laughing and sometimes even skiing for the first day at least!! Our lunch break was always in the nick of time each day as we looked forward to savoring delicious Italian pizza (The long que of hungry skiers eagerly waiting to place their order was a clear indication of how delicious and authentic they were). After refueling, we had the opportunity to ski for a further two hours guided by our great instructors who were good fun. As the days wore on, our skiing levels improved, graduating from the green slopes, to the blue slopes, to the red slopes. By the end of the week we were comfortable and confident skiers, graduating from ski school. All in all we had a fantastic time as a group and it was an amazing shared experience for students and teachers alike. It is certainly an experience never to be forgotten. We even arrived back to our parents in cork airport with no injuries. Sincere thanks to Mr Rees, Mr Crowley, Ms Fitzgerald, Ms Johnson and Mr Woods for a brilliant transition year school tour. Only wish we could do it all over again.

-Written by Michael Lynch TY

## GFA TY Coaching course



A big thank you to Gearoid from the Munster LGFA for delivering the LGFA TY Programme to a group of our students on Monday 19th February. Students developed their planning, team work and leadership skills throughout the day. We are delighted to now have 18 qualified LGFA coaches and Go Games referees in the school who will put their skills to good use during an upcoming blitz for the local primary schools. Well done to all involved.

### Paired Reading - GCC and Brooklodge N.S.



On Thursday the 22nd of February, 46 Transition Year students from GCC went paired reading with 5th and 6th class from Brooklodge National School. Leaving GCC at 10:15am, we walked over to

Brooklodge N.S. We were greeted by Mr. O'Neill, one of the teachers in Brooklodge, and he sorted us into the classes we would be reading in. We were each paired up with a 5th class student, and spent the first few minutes getting to know them. We introduced ourselves, and then picked out a book.

The books were brought over from GCC, but the student from Brooklodge picked out which book they would like to read. From Science- Fiction to History, Comedy and Romance, the students had a wide variety of books to choose from! Once each pair had a book to read, we began.

We spent the first ten minutes reading.

Swapping who was reading after each paragraph, each page, or each chapter; every pair was different! The motivating atmosphere in the



classrooms throughout the duration of the paired reading inspired and encouraged discussion between *GCC* and Brooklodge students about their chosen book. We then took a short movement break, which was a great opportunity to get to know your reader more.

We were encouraged to stay in our pairings while walking around outside Brooklodge, and asked each other about hobbies, pastimes and life outside of school! After conversing with, and sharing our interests with our reader, we headed back inside for a final few minute of reading. At 25 past 11, we said goodbye to our readers and headed back to GCC. The Paired Reading was enjoyed by all- a great bonding experience, creating fantastic relationships

between students. Students from both Brooklodge and GCC really benefited from the morning, and are looking forward to next week!

-Written by Eimear Hurley TY

#### Brave Performance by GCC U17 footballers V's Templemore



On Thursday the 22<sup>nd</sup> February, our U17 footballers travelled to Fethard to play Our Lady's Templemore. Starting out without a number of regulars, our footballers were very competitive through the first 20 minutes, trailing 2-3 to 6 points. D'arrachis Barrett, Cathal Galvin and Cian Daly showing well up front. The half time score was 3-4 to 1-6 with the goal coming from Aaron O Mahony.

We started the 2<sup>nd</sup> half very well with a point to get within 3 points but Templemore took control from here eventually running out 5-14 to 1-9 winners.

This was a very young team with 10 starters being underage for next year. The team was led by Derry Crowley, Cormac Fennessy with Adam Dunlea and Adam Leahy competing very well around the middle.

#### South Munster Schools Cross Country Competition



The South Munster Schools' Cross Country Championships took place on Friday 9<sup>th</sup> of February in Tramore Valley Park. GCC did themselves very proud with 4 students qualifying for the Munster Championships next week. Ryan Renny (1<sup>st</sup> yr) kicked off the day's action in the Junior Boys race, followed by Sarah O' Neill and Faye Cronin (1<sup>st</sup> yr) who

ran in the Junior Girls race. Faye was the first of the Munster qualifiers for the day, putting on a stellar performance to finish 3<sup>rd</sup> overall in the race. Next up was the Junior Boys, where Rian O' Donovan did himself proud.

Ciara Meldrum (3<sup>rd</sup> yr) followed suit in the Intermediate Girls race. Our second qualifier of the day was Luke Merrigan (3<sup>rd</sup> year) who finished 6<sup>th</sup> overall in the Intermediate Boys race. The final race





of the day was the Senior Boys, with Cian Ryan, David Nally, Owen Williams, and Ryan O' Donovan making up the team who finished 5<sup>th</sup> overall. Owen and Ryan were our final two qualifiers for the Munsters, finishing 6<sup>th</sup> and 15<sup>th</sup> in the race respectively. Fabulous performances all around. Best of luck to Faye, Luke, Owen and Ryan with their final preparations for the Munster Championships on the 27<sup>th</sup> of February. The venue, again, will be Tramore Valley Park.