

Autism Appreciation Week 2024

Monday 15th April - Friday 19th April: Junior Cycle and TY students participated in an Autism Awareness Class. Activities included videos explaining autism, quizizz, posters and mind-maps.



Monday 15th April - Sensory workshop for 2nd year

students: Students got the opportunity to see what it is like to have a sensory overload by participating in a six-station workshop. They were blindfolded at the 'Taste' and 'Smell' Sensitivity Stations where a broad range of food products were sampled by using their sense of taste and smell. Products ranged from french cheese and fish to candy floss and Pringles. They were also blindfolded at the 'Touch Sensitivity Station' where they had to guess what the material (stones, shredded paper, styrofoam etc) by putting



their hands into boxes and feeling using their sense of touch. They got to use the Chromebook's at the 'Noise Sensitivity Station' where they watched and listened to an autistic person describe noise sensitivity. They then had to complete a listening activity as loud noise was playing in the background. They had to participate in balancing activities at the 'Balance Sensitivity Station' to see how it feels if you have a low sense of balance. Thanks to Misneach Students and their friends who helped run the workshop and made it a great success.



Tuesday 16th April - Hub outing to visit UCC, Marina Market and Rowing workshop:



On Tuesday the hub students visited UCC for an information session on the support services available to students in the college, along with a guided tour of the campus. Next it was time for lunch at the Marina Market, there were many options to choose from such as hot drinks, pastries, pizza and ice cream and other shops that sold things like

keychains and pins. The final activity was Rowing with Meitheal Mara Rowing club. Students got to experience rowing in traditional currachs on the River Lee in the city centre.



Thursday 18th April - Grooming

workshop for Hub students: Many thanks to TY students Ruby Hennessy and Emma Thornhill (R.Cliona) for sharing their skills and knowledge with our hub students.



Friday 19th April - GCC Funky Sock Day: Staff and students wore funky socks on Friday 19th April to celebrate Autism Appreciation week.



SciFest win for Toby Tangney 5th year at MTU



Congratulations to Toby Tangney 5th year who won the Technology Category prize at Scifest in MTU on Friday 19th April.

Toby's project involved programming a smartphone app which allowed sensors on phones to continuously send data to a cloud storage facility which he then used to get behavioural insights on society.

This was a great achievement for Toby to be amongst the prize winners as there were approximately 250 students competing with approximately 120 projects from schools across Cork at MTU.

U17 Soccer Semi-Final vs Colaiste na Phiarsaigh 22/4/24



On Monday morning at 10 o'clock the u17 soccer team travelled to Lee Side to play Colaiste an Phiarsaigh in the Cork cup semi final. The game started at 11 with GCC starting strong as Darragh Barrett found the net three minutes into the first half. Both teams worked hard bringing great intensity in the heat but GCC kept their lead throughout the first half. The second half started and after five minutes Darragh Barrett found the net again, making it 2-0 to GCC. The lads work rate never dropped and Ruairi Jeffers added himself to the scoresheet boosting GCC's lead to 3-0. The lads performance was outstanding with impact subs helping Jack Marah keep a clean sheet. We now look forward to the u17 Cork Cup final in the upcoming weeks.

GCC Senior Boys Footballers beat Beara CS



GCC senior footballers beat Beara Community School 2-12 to 1-12 on Thursday 21st April in Clonakilty in the Cork Post Primary Schools semi final. Coláiste Mhuire Buttevant await them in the final next week. We wish the boys the best of luck.

JUNIOR ACHIEVEMENT READY FOR SUCCESS WORKSHOP **with DELOITTE** **5TH YEAR BUSINESS STUDENTS**



Our 5th year Business Students participated in a workshop this week with 5 Mentors from Deloitte. The students worked with the Mentors during the workshop in developing their CVs and Personal Statements and learned about what makes a good stand out CV. The Mentors used their own experiences to discuss the various types of interviews used in their organisation and how best to prepare for an interview.

The students will visit the Deloitte Mentors in their place of work in early May where there will be a graduation ceremony.

Rang Caoimhe Geography Field Trip

On the 22nd of April, Rang Caoimhe completed a geography field trip to Clonality, to revise for their summer tests, and to learn about the area. For this field trip, they went to the Clonality Black Pudding Factory, and to Owenahincha Beach. We



had an amazing time.

Clonakilty Black Pudding Factory: Rang Caoimhe were greeted by the hardworking workers of the factory. They talked to them about the history of the recipe, which dates back to the 1880s. It is located on a flat hill, and close to markets which sell their pudding. The pudding varies from black, white, and vegetarian, and contains a

secret spice mix, only known by the head of the factory. We also saw the workers of the factory making the pudding, with the help of machines. And at the end of the tour, we were given samples of the products, including the 3 types of pudding, sausages, and fresh bread. This has helped us study for some of their topics in their summer exam.

Owenahincha Beach: This spacious beach is also in Clonakilty. It was a great place to revise topics for the summer test. For example, we were learning about erosion and deposition by measuring the height of a sand dune. They were also learning about the sea, by measuring the height of waves, and proving longshore drift by using oranges. The class enjoyed this field trip, and revised a lot for their summer tests.



-Written by Justin Jeyapragash 2nd Year