GCC Fit & Well morning for 6th Year Students - Thursday 3 October 2024



Class	8.55	9.35	10.15	10.55	11.50	12.30
Barry Corkery B47 - Demo	R. Aodhan R. Beibhinn B47	R. Conall R.Cian B47	Full Year Group photo B- Block	R. Dara R. Eabha B47	R. Nuala R. Riona B47	Timetabled Classes
Diet/Exercise Multi-Purpose Mark from Balance	R. Conall R.Cian <i>Multi-Purpose</i>	R. Aodhan R. Beibhinn <i>Multi-Purpose</i>	Full Year Group photo	R. Nuala R. Riona <i>Multi-Purpose</i>	R. Dara R. Eabha <i>Multi-Purpose</i>	Timetabled Classes
Reading/literacy B44- C. Madden B41 - A. Ryan	R. Dara R. Eabha	R. Nuala R. Riona	Full Year Group photo	R. Aodhan R. Beibhinn	R. Conall R.Cian	Timetabled Classes
Study Skills C14 - E. Fitzgerald C15 - C. Dooley	R. Nuala R. Riona	R. Dara R. Eabha	Full Year Group photo	R. Conall R.Cian	R. Aodhan R. Beibhinn	Timetabled Classes

Students to wear full school uniform

1- Barry Corkery is confirmed - Barry will speak on mindset

- 2- Mark from Balance will speak on nutrition.
- 3- John Roche is confirmed Year group photo
- 4- C. Madden and A. Ryan, E. Fitzgerald, C. Dooley confirmed

5- All 6th year subject teachers to supervise in the B Block social area at 10.15 for photo and walk around the track with ice cream. GP, LHY, BS, DG, OD, AOMY, LN, SMcC

6- Rooms required:

B41, C14, C15, Demo room, Multi-purpose room

Teachers that need cover: M. McInerney, E. Fitzgerald, C. Dooley, C. Madden, A. Ryan